

5110 Campus Drive, Suite #120 | Plymouth Meeting, PA 19462
T: 484-534-9311 F: 484 842 3400 | E mail : info@religendx.com | <http://religendx.com>

IMPORTANT – PRIOR TO BLOOD DRAW, READ IN FULL AND PLAN ACCORDINGLY

INSTRUCTIONS FOR BLOOD SPECIMEN SHIPMENT

Included in the CholEffluX kit

1. 1 – Styrofoam container
2. 4 – Cold pack
3. 2 – Serum Separator Tube blood vials (SST - red and grey tiger top tubes)
4. 1 – Plastic tube holder – hard plastic assembly that will hold SST tubes
5. 1 – Plastic biohazard specimen bag
6. 1 – Absorbent sheet
7. 1 – Outer corrugated mailer box
8. 1 – **Tear – Proof polyethylene mailer** labeled Exempt human sample and UN 3373 sticker
9. 1 – CholEffluX **laboratory requisition form**
10. 1 – **FedEx billable stamp** return label (domestic shipment only)
11. 1 – Blood **specimen collection instruction** and kit **shipping instructions**

Specimens must be shipped overnight for next day delivery (Fed Ex label is included)

Please only collect samples on Mon-Thu and ship to arrive Tue-Fri.

CholEffluX KIT SHIPPING INSTRUCTIONS:

- 1) **Day before shipping:** Remove cold packs from the package and lay flat in freezer overnight. Ice packs should be solid frozen for shipment. **DO NOT FREEZE THE TUBES IN THE KIT.**
- 2) **Day of shipping:** Place 2 frozen cold packs into bottom of Styrofoam container
- 3) Place specimen tube used for collection (see specimen collection instructions) into molded groove of the plastic tube holder and press to close securely.
- 4) Place plastic tube holder into the biohazard bag
- 5) Make sure that absorbent sheet is in the biohazard bag and not protruding over the edge. Remove excess air and seal the bag.
- 6) Place the biohazard bag (now containing plastic tube holder with tubes + absorbent sheet in zip lock section) into the Styrofoam container.
- 7) Place remaining 2 ICE PACKS on the top of bio-hazard bag.
- 8) Place Styrofoam box lid back on the Styrofoam container securely.
- 9) Place the packaged Styrofoam container into the outer corrugated mailer box .
- 10) Place **COMPLETED CholEffluX laboratory requisition form on the top of Styrofoam box and seal corrugated box shut with packing tape.**
- 11) Place the sealed corrugated box inside polyethylene mailer labeled EXEMPT HUMAN SAMPLE and UN 3373 sticker
- 12) Place the return FedEx shipping label on the outside of the polyethylene mailer.
- 13) Assembled kit shipment is ready to be dropped at FedEx location (preferably) or FedEx drop box (before last pickup time of the day). Do not use drop box on days where outside temperature is greater than 75°F.